Command & Simplify

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Daily Command List

FREE PRINTABLE CHECKLIST

Morning

- [ ] Check the day's schedule
- [ ] Make beds
- [ ] Start one load of laundry if needed
- [ ] Unload dishwasher
- [ ] Quick kitchen reset
- [ ] Grab anything needed for the day

Appointments & Activities

- [ ] Review calendar
- [ ] Confirm rides / pickups
- [ ] Pack sports or school gear
- [ ] Check directions or addresses
- [ ] Leave on time

Meals

- [ ] Plan dinner
- [ ] Move meat or ingredients if needed
- [ ] Prep one thing early
- [ ] Pack lunches / snacks
- [ ] Refill water bottles

Home Reset

- [ ] Pick up main living areas
- [ ] Wipe counters
- [ ] Take out trash if needed
- [ ] Sort mail / papers
- [ ] 10-minute tidy

Tomorrow Prep

- [ ] Check tomorrow's schedule
- [ ] Set out clothes
- [ ] Charge devices
- [ ] Prep bags
- [ ] Write top priorities

Notes

- [ ] Important reminders
- [ ] Calls / emails to make
- [ ] Things to buy
- [ ] Anything that worked well today